

Short Films about depression, bullying and suicide

Roll Over

Roll Over is a short film that is directed by Geeta Sharma and focuses on themes of depression and loneliness. The short film follows the story of Mac who is a photographer that is suffering from depression due to dream's of his father calling out his name whilst he is dying.

The short film also tackles themes of loneliness by introducing us to another character called Peter who is following Mac around. The chemistry between the two character's is great for Mac who has lost his father, see's a father figure in Peter whilst Peter who has lost his son due to a drug abuse see's his son in Mac.



Rock, Paper, Scissors

Rock, Paper, Scissors is a short film that is directed by Youtuber Cheryl Nembhard and stars Margaryta as the main character, Jessica. The short film follows the effects of Depression and self harm for in the opening of the short film we are introduced to Jessica's backstory and the effect of her depression like cutting herself and having suicidal thoughts.

We see the character of Jessica grow and help others in need of help.



Alex

Alex is a short film directed by Youtuber and filmmaker Spencer Haydo and follows the story of a girl called Alex who is going through depression and is prescribed with antidepressant tablets. She is hanging out with a group of friends that she thinks are good to hang out with but in the ending of the short film her supposed friends leave her behind when they are chased by a police officer.



Depression

Depression is a short film made by Youtuber Courtney Raine Quist which stars herself as the main character. The short film is about the main character narrating about the effects of depression.



Wish you well

Wish you well is a short film that is directed by Youtuber Annelisa Waltz and is about a teenage girl called Hope Oliver who is going through a repetitive cycle of continuous bullying and is going through depression. The movie puts us in the life of Hope and what difficulties she faces like getting bullied, losing her sister and wanting to move out somewhere else.

What I liked about the short film was the acting especially Annelisa Waltz performance of the main character(Hope Oliver) for her performance makes us, the audience feel bad for what she is going through and throughout the film we are hoping that things get better for Hope and also that she gets the happy ending that we want her to have.

I also liked the performance of Alyssa McKay as Alison Montgomery for she is the bully that bullies Hope throughout the film. What I liked about Alyssa's performance of Alison is the fact that we, the audience, don't like her and when Hope smashes a glass behind her head, we feel happy and satisfied that Hope has taken matters in her own hands.



Alone

Alone is a short film that is directed by Eric Nguyen and stars Katherine Ludlam who is playing a girl that is going through depression and asks for people's help but they say not to her. In the ending of the short film the main character is about to commit suicide by overdosing herself on pills but a girl stops her.



One day left

The short film is about a girl who is going through depression who hangs out with her friend. Her friend is about to leave her house but she slips near the road and goes through the main character's book which shows suicidal notes that she has written. In the ending of the short film the main character's friend eventually prevents her from committing suicide and comforts her.



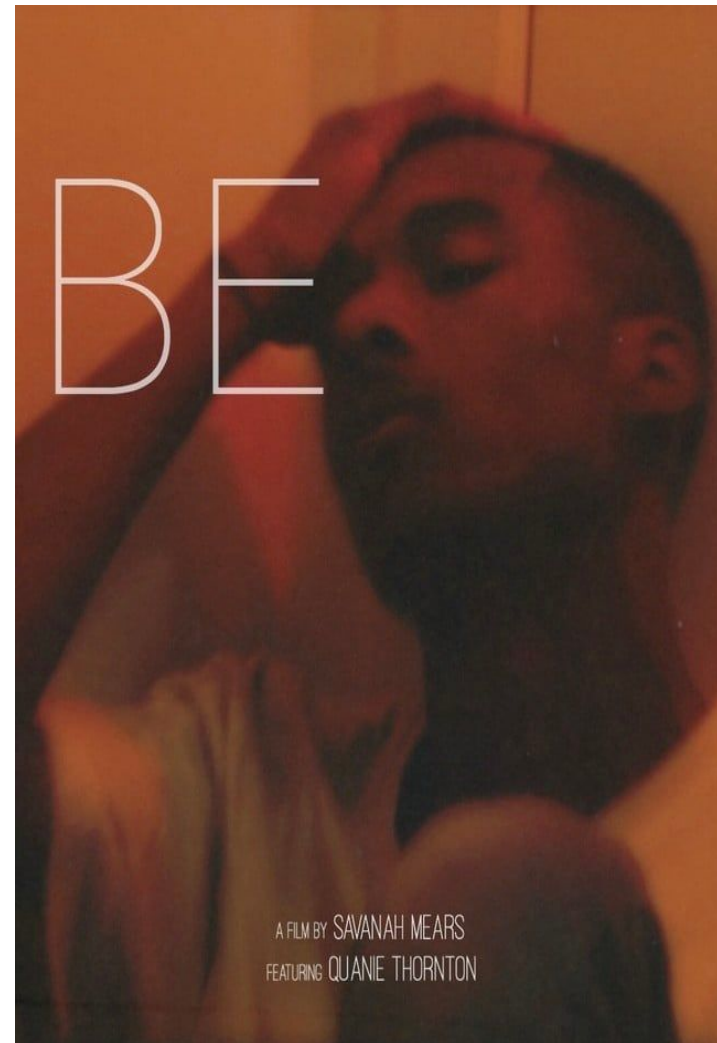
I'm here too

I'm here too is a short film that is directed by Brendan Byrne and stars Carol Elsdon as Claire Prescott who is a girl that is going through depression and tries to talk to her family members ,but they say no to her which leads to her committing suicide by overdosing herself on pills. I liked how in the opening of the film we the audience see Rebecca's fantasy life but then it cuts to the reality of Rebecca's situation which shows us how Rebecca desperately wanted to have friends and live a positive life but wasn't able to.



Be

Be is a short film directed by Savannah Mears and stars Quanie Thornton as a depressed man who narrates about his life with depression. I really liked the cinematography of the film because the film tends to zoom in on the main character's face to show the audience that he feels empty. I also liked how near the end of the film the main character lights a fire for the fire symbolizes hope which shows us the audience that the character has freed himself from depression.



Never Alone

Never Alone is a short film that is directed by Alex Atallah and follows a girl who is depressed and is suffering from loneliness. She is getting surrounded by a mysterious figure. In the end she has to make two choices which are to accept being comforted by the mysterious figure or be with her mother.

