

Me Hirah is Interviewing Al-Ameen Hussian

Personal Experience

Grandma Influence

Helping mum with the household chores

Eldest in the Siblings

Uni Experience

Independent

Take aways

Food

Cook and Eat Sessions at Bradford College

Students reached:

ESOL, Care Leavers, Vulnerable students, anyone interested in cooking, those going to university

Food made for:

themselves

an awards ceremony

for the community (homeless)

Topics:

Health and nutrition

Cost effective cooking

socialising

Bonding over shared food

Types of Lessons

cooking on a budget

World foods

Quick meals