

Project Risk Assessment

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Date carried out: 21st December 2020

Potential Hazards:	Who could be harmed ?	How am I already controlling the risks?	What further action can be taken?	Who should carry out this action?	When should this be done by?	Level of danger (Low to High)	Likelihood of hazard occurring (Low to High)
Loud Volume levels	Myself	By keeping my headphones at a safe listening volume	Managing time spent with headphones on mixing	Myself	Throughout the duration of the project	Low	Low
Tripping over cables	Myself	Managing my cables neatly	Making sure any exposed cables are visible easily	Myself	Throughout the duration of the project	Medium	Medium
Fire	Myself	Keeping all electrical equipment stored neatly and turned off when not in use	Making sure no exits are obstructed, and no equipment is left turned on	Myself	Throughout the duration of the project	High	Low
Electric Shock	Myself	Making sure all used equipment is PAT tested	Operating equipment appropriately and keeping any liquids away from equipment	Myself	Throughout the duration of the project	Medium	Low
Heavy Lifting	Myself	Mainly recording through simulated amps, and lifting equipment appropriately	Seeking help with moving any heavy pieces of equipment	Myself	If the occasion arises where I need to set up some bigger equipment	Low	Medium

Repetitive strain injuries (RSI)	Myself	Keeping on top of practice so that my hands stay accustomed to playing regularly	Taking regular breaks from playing if something is becoming hard on my hands or wrists	Myself	When I am playing an instrument	Low	Low
Equipment falling over	Myself	Making sure equipment is firmly in place before use	Checking that pieces of equipment is still secure in place regularly while using them.	Myself	Throughout the duration of the project	Medium	Low
Covid-19	Myself and anyone in direct contact with me	Following government guidelines on the government website	Only leaving for essential reasons and minimising the amount people I am in direct contact with	Myself	Throughout the duration of the project, and the duration of lockdown.	High	Low